




IndePendence is happiNess.  
—SUSAN B. ANTHONY



If you want  
to Be happy, be.  
—LEO TOLSTOY





**RED LIPS AND LUSH LASHES**  
Brightening your eyes and mouth sends a Morse code message about your mood. Choose a red lip color with some shine and fire (not a gloomy wine, please) and concentrate mascara on the outer corners for an eye-widening curve.

Wool top by Stella McCartney. Leather bag by Bally. Earrings by Mona Assemi. Long Last Glosswear in Cupid's Bow by Clinique. These pages: Makeup, Violette; hair, Franco Gobbi; manicure, Tatyana Molot. Model: Romee Strijd. Fashion editor: Siobhan Bonnouvrier. Details, see Shopping Guide.

# COLOR THERAPY

**Happy is as happy does. So go ahead and add a little joy to your everyday makeup with these proven mood lifters. By Liana Schaffner**

This is a story about looking happy, and we'll get to that in a second. First, a moment of cynicism: Happiness in the form of persistent cheer or blind optimism rubs some people the wrong way. It's why Pollyanna and Kimmy Schmidt have an uphill battle converting all those haters; it's why Little Orphan Annie, with her mantra about the sun coming out, was usually left confiding in a dog. Rosy outlooks are isolating when they're loud and declarative. But expressed subtly, they're enticing... and that's the way we look at makeup this very minute.

"High-energy color has a magnetic appeal," says makeup artist Dick Page. And as color therapists have noted, vibrant shades can also legitimately boost our mood. Studies suggest that orange and red promote enthusiasm and self-confidence, while pink has a soothing effect. Strategically applied to lips and cheeks, these shades hint at internal contentment—not the loud, gloating kind. Add a little balm to up the shine factor and we swear you'll inspire others to put on a happy face.



# liPs

1. Urban Decay Matte Revolution Lipstick in *Tilt*
2. Revlon Ultra HD Lipstick in *HD Azalea*
3. M.A.C. Viva Glam Lipstick in *Miley Cyrus II*
4. Givenchy Le Rouge Lipstick in *Fuchsia Irrésistible*



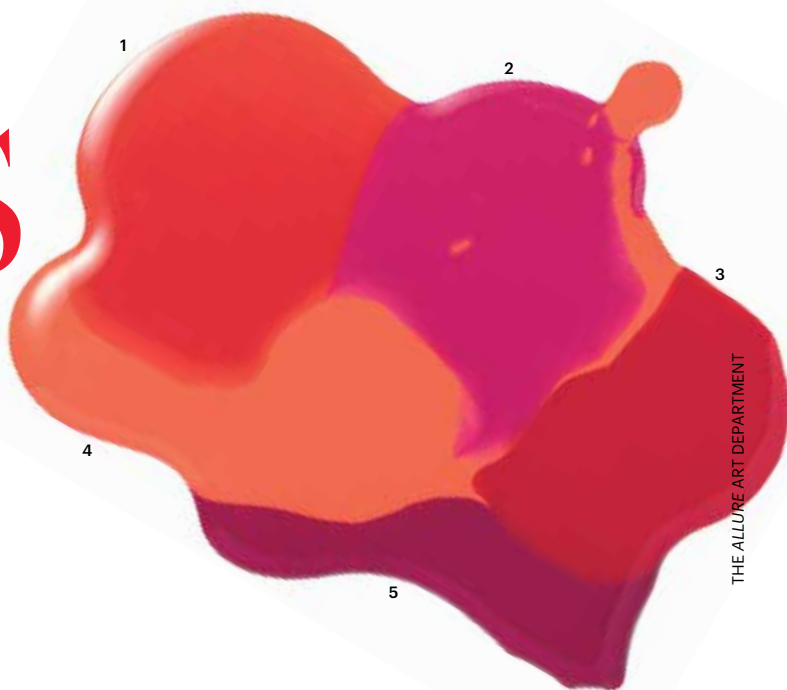
# cheeks

1. E.L.F Studio HD Blush in *Diva*
2. Circa Ultra Suede Cream Blush in *Capri*
3. Sephora Collection Colorful Cheek Ink Gel in *Water Lily*
4. Make Up For Ever Aqua Cream in *10*
5. Stila Aqua Glow Water Color Blush in *Water Poppy*
6. Rimmel London Stay Blushed Liquid Cheek Tint in *Pop of Pink*



# nails

1. Essie nail polish in *Clambake*
2. Sally Hansen Miracle Gel in *Tipsy Gypsy*
3. Butter London Patent Shine 10X nail polish in *Smashing*
4. Jinsoon nail polish in *Enflammée*
5. Deborah Lippmann nail polish in *Sexyback*







#### ROSY CHEEKS AND PINK LIPS

For a rosy complexion, think beyond rose and pink. Mix orange cream blush (coral for fair skin) with a dab of balm and spread it over the apples of your cheeks, up to your cheekbones. The wash of color mimics an honest-to-goodness flush. Saturating lips in high-wattage pink gives all that dewy, “golly gee” innocence some backbone.

Wool-blend dress by Salvatore Ferragamo. Sunglasses by Céline. Makeup colors: Les Beiges Colour Stick in No. 21, Rouge Double Intensité Ultra Wear Lip Colour in Shocking Pink, and Nail Colour in Dragon by Chanel. Details, see Shopping Guide.